

LESS "BLIND SPOTS", BETTER DECISIONS

How a conscious approach towards unconscious biases promotes equal opportunities and innovation

Participation is open to **everyone!**

Virtual Workshop via Zoom

09.11.2020, 14:00-16:00

Unconscious biases affect our everyday life as well as our work and research. Learning how to recognise and deal with them is an important skill to improve our work environment and results. In this short workshop you will gain insight into thought patterns behind unconscious biases and strategies to counteract them. The training focuses on following questions:

- A short introduction into pigeonholing – How easily do I fall for my own unconscious patterns of thought?
- The curious variety of unconscious patterns of thought – Challenges for our brain and how it deals with them
- Misjudgments and underrating facts - How do unconscious biases affect appraisal and decision-making processes?
- Watching the brain work - Detecting unconscious biases and analysing them
- Better performance, more creativity – What good does less pigeonholed thinking do?
- Circumventing unconscious biases consciously – What options for actions are there for everyday science?
- Escaping the pigeonholing traps – What recommendations are there for science organisations?

The trainer:

Kathrin Trump is co-founder of the „[Institut für Diversity Management](#)“. As a certified trainer she has more than 15 years of experience in consulting, coaching and awareness training. Her area of expertise includes communication, teamwork and diversity.

Registration is open until **29.10.2020** via mail:

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